

# LISTAS DE SALIDA

1ª JORNADA – FASE TERRITORIAL –  
XXIV LIGA ESPAÑOLA CLUBES  
ABSOLUTO & MÁSTER 24-25

“C.D.M ÁNGEL PALOMERAS”

MADRID

09 DE NOVIEMBRE 2024

Mercedes Álvarez Toledo  
Yago Carro Álvarez  
Juan Torres Orche

Jefe de Competición S. Mañana

Carlos Porro Sánchez

Secretaría de competición

Horario:

Sábado 09 09:00 Calentamiento – 09:45 Competición



FEDERACIÓN MADRILEÑA DE SALVAMENTO Y SOCORRISMO – Avd. Salas de los Infantes nº 1, 4ª Planta. 28034 Madrid.

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**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**Lanzamiento de cuerda F**

**Serie: 1**

| <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                           | <b>Tiempo/Time</b> |
|-------------------------------|-----------------|--|--------------------|
| 2                             |                 | C.D.E Pacífico Salvamento (máster 50-54 - F) |                    |
| 3                             |                 | C.D.E Máster Arganda (máster 30-34 - F)      |                    |
| 4                             |                 | C.D.E Máster Arganda (absoluta - F)          |                    |

**Serie: 2**

| <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |
|-------------------------------|-----------------|--|--------------------|
| 1                             |                 | RACE (máster 55-59 - F)                  | 00:27:07 25M       |
| 2                             |                 | C.D.B. Vallecas S.O.S (absoluta - F)     | 00:13:71 25M       |
| 3                             |                 | C.D.E. SOS Madrid Este (absoluta - F)    | 00:12:35 25M       |
| 4                             |                 | C.D.E Pacífico Salvamento (absoluta - F) | 00:13:62 25M       |
| 5                             |                 | Club Laguna SOS (absoluta - F)           | 00:16:07 50E       |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**Lanzamiento de cuerda M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Máster Arganda (máster 40-44 - M)  |                    |     |
| 3 |                               |                 | C.D.B. Vallecas S.O.S (máster 45-49 - M) | 00:18:41           | 25E |
| 4 |                               |                 | RACE (máster 55-59 - M)                  | 00:23:54           | 25E |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                           | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 1 |                               |                 | C.D.E Pacífico Salvamento (máster 30-34 - M) | 00:13:93           | 25M |
| 2 |                               |                 | C.D.E. SOS Madrid Este (absoluta - M)        | 00:12:46           | 25M |
| 3 |                               |                 | C.D.B. Vallecas S.O.S (absoluta - M)         | 00:11:55           | 50E |
| 4 |                               |                 | Club Laguna SOS (absoluta - M)               | 00:11:79           | 25M |
| 5 |                               |                 | C.D.E Pacífico Salvamento (absoluta - M)     | 00:12:80           | 50E |
| 6 |                               |                 | C.D.E. Nautilus S.O.S (absoluta - M)         | 00:18:36           | 50E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. natación con obstáculos F**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>2</b> | VELASCO ARRIBAS, MARIA TERESA | 1967            | C.D.E Pacifico Salvamento | 02:21:54           | 25E |
| <b>3</b> | NICOLAU PARALED, MERITXELL    | 1969            | RACE                      | 01:58:30           | 25M |
| <b>4</b> | GUDIEL DEL CASTILLO, BEATRIZ  | 1966            | C.D.E Pacifico Salvamento | 02:12:30           | 25M |
| <b>5</b> | PERONA ALFAGEME, MAR          | 1968            | RACE                      |                    |     |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. natación con obstáculos M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>2</b> | MARTIJN LUIJTEN, CASPAR       | 1967            | RACE                      |                    |     |
| <b>3</b> | CRUZ GONZALEZ, LUIS           | 1965            | C.D.E Pacifico Salvamento | 01:41:05           | 25E |
| <b>4</b> | CULEBRAS MORENO, ANDRÉS       | 1965            | C.D.E Pacifico Salvamento | 01:55:53           | 25E |

**Serie: 2**

|          | <b>Socorrista / Lifeguard</b>  | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|--------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>1</b> | SANCHEZ DE LEÓN GARCÍA, MIGUEL | 1966            | RACE                      | 01:30:87           | 25E |
| <b>2</b> | GORDÓN MORENO, ANDRÉS          | 1969            | C.D.E Pacifico Salvamento | 01:19:01           | 25M |
| <b>3</b> | MARÍA-TOMÉ ABELLA, LUIS        | 1969            | RACE                      | 01:13:89           | 25E |
| <b>4</b> | GARCIA LIBERAL, MARCIAL        | 1963            | C.D.E Pacifico Salvamento | 01:14:08           | 25M |
| <b>5</b> | LÁZARO CRESPO, CARLOS          | 1966            | C.D.E Pacifico Salvamento | 01:30:88           | 50E |
| <b>6</b> | RODRIGO BERGADO, NORBERTO      | 1962            | RACE                      | 01:32:46           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. natación con obstáculos master F**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|---------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>2</b> | BONO LARA, YOLANDA              | 1972            | C.D.E Máster Arganda      | 03:29:78           | 25E |
| <b>3</b> | SAN NICOLAS PADILLA, ANA ISABEL | 1972            | RACE                      | 02:39:26           | 25M |
| <b>4</b> | MAGDALENA, MÓNICA               | 1972            | C.D.E Pacífico Salvamento | 03:05:17           | 25E |
| <b>5</b> | CASAS CARMONA, MARIA            | 1976            | RACE                      | 03:58:12           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. natación con obstáculos master M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 2 | RECIO HUERTAS, CARLOS         | 1982            | C.D.E Máster Arganda      |                    |     |
| 3 | ÁLVAREZ AVELLO, FERNANDO      | 1971            | RACE                      | 03:19:63           | 25M |
| 4 | TAMAYO CUADRADO, MARIO        | 1980            | C.D.E Pacifico Salvamento | 03:21:52           | 25E |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 2 | DIAZ FERNANDEZ, ALEJANDRO     | 1976            | C.D.E Máster Arganda  | 03:06:92           | 25E |
| 3 | SANCHEZ RICO, MIGUEL ANGEL    | 1975            | RACE                  | 02:37:21           | 25M |
| 4 | FRUCTUOSO SIERRA, DIEGO JULIO | 1975            | C.D.B. Vallecas S.O.S | 02:46:11           | 25E |
| 5 | BAHON CANDEL, MARIO           | 1980            | C.D.B. Vallecas S.O.S | 03:08:38           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. natación con obstáculos abs F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 2 | FALCON IBANEZ, ALICIA         | 2003            | C.D.E. Nautilus S.O.S |                    |     |
| 3 | LAHOZ NAVARRO, ALEJANDRA      | 2005            | Club Laguna SOS       | 03:04:86           | 25M |
| 4 | KOVAL, ANASTASIA              | 2006            | Club Laguna SOS       |                    |     |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------------------|--------------------|-----|
| 2 | ROCHA JORDAN, MIA MONSERRAT   | 2006            | C.D.E Pacifico Salvamento         | 02:46:16           | 25M |
| 3 | AYUSO NIETO, ANA              | 2006            | Club Laguna SOS                   | 02:38:73           | 25M |
| 4 | QUILES MARTIN, MARA           | 2003            | Club Laguna SOS                   | 02:39:64           | 25M |
| 5 | VALENZUELA GONZÁLEZ, ALBA     | 2005            | Club Elemental Salvamento Arganda | 02:52:46           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GONZALEZ RODRIGUEZ, JULIA     | 2006            | C.D.E Pacifico Salvamento | 02:35:28           | 25M |
| 2 | GONZALEZ CANTARERO, CLAUDIA   | 2006            | C.D.B. Vallecas S.O.S     | 02:27:98           | 50E |
| 3 | RODRIGUEZ FERNANDEZ, YANIRA   | 2002            | Club Laguna SOS           | 02:21:61           | 50E |
| 4 | SASTRE QUEMADA, IRENE         | 2000            | Club Laguna SOS           | 02:20:50           | 25E |
| 5 | CRUZ GONZALEZ, MARIA          | 2000            | C.D.E Pacifico Salvamento | 02:25:45           | 25M |
| 6 | DECHEVA MACHEVA, SIMONA       | 2004            | Club Laguna SOS           | 02:37:90           | 25M |



**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. natación con obstáculos abs M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>                | <b>Tiempo/Time</b> |     |
|---|---------------------------------|-----------------|-----------------------------------|--------------------|-----|
| 1 | GUTIÉRREZ LÓPEZ, VÍCTOR         | 2006            | Club Elemental Salvamento Arganda | 02:49:31           | 25M |
| 2 | HERNÁNDEZ OJEDA, ALEJANDRO      | 2006            | C.D.E Pacífico Salvamento         | 02:40:07           | 25M |
| 3 | TEVAR CASTRO, DAVID             | 2004            | Club Laguna SOS                   | 02:20:53           | 25M |
| 4 | CANALES GARCÍA, MARCOS          | 2004            | C.D.B. Vallecas S.O.S             | 02:25:43           | 25M |
| 5 | TORREZ FERNANDEZ, FELIX ROLANDO | 2005            | C.D.E. SOS Madrid Este            | 02:46:17           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CASTELLANOS RODRIGUEZ, ADRIÁN | 2006            | C.D.E Pacífico Salvamento | 02:09:37           | 25M |
| 2 | PLAZUELO JIMENEZ, PABLO       | 2002            | Club Laguna SOS           | 02:07:84           | 25M |
| 3 | GARCÍA LÓPEZ, CHRISTIAN       | 2006            | Club Laguna SOS           | 02:06:02           | 25M |
| 4 | PLAZUELO JIMENEZ, MARCO       | 1998            | Club Laguna SOS           | 02:07:62           | 25M |
| 5 | SÁNCHEZ MARTÍNEZ, ALVARO      | 2004            | C.D.E Pacífico Salvamento | 02:08:46           | 25M |
| 6 | CARRO ALVAREZ, PELAYO         | 2006            | C.D.B. Vallecas S.O.S     | 02:17:83           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo natación con obstáculos F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                             | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Máster Arganda (máster R4 +200 - F)      |                    |     |
| 3 |                               |                 | C.D.E Pacífico Salvamento (máster R4 +200 - F) | 03:42:15           | 25M |
| 4 |                               |                 | C.D.E Máster Arganda (absoluta - F)            |                    |     |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Pacífico Salvamento (absoluta - F) | 02:04:90           | 25M |
| 3 |                               |                 | Club Laguna SOS (absoluta - F)           | 02:00:94           | 50E |
| 4 |                               |                 | C.D.B. Vallecas S.O.S (absoluta - F)     | 02:01:49           | 50E |
| 5 |                               |                 | RACE (máster R4 +200 - F)                | 02:44:89           | 25E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo natación con obstáculos M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                             | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 1 |                               |                 | C.D.B. Vallecas S.O.S (máster R4 +200 - M)     | 02:27:69           | 25E |
| 2 |                               |                 | C.D.E Pacífico Salvamento (absoluta - M)       | 01:52:16           | 25M |
| 3 |                               |                 | Club Laguna SOS (absoluta - M)                 | 01:42:82           | 50E |
| 4 |                               |                 | C.D.B. Vallecas S.O.S (absoluta - M)           | 01:45:30           | 50E |
| 5 |                               |                 | RACE (máster R4 +200 - M)                      | 02:14:21           | 25E |
| 6 |                               |                 | C.D.E Pacífico Salvamento (máster R4 +230 - M) | 03:01:53           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. combinada de salvamento abs F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b> | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--------------------|--------------------|-----|
| 2 | KOVAL, ANASTASIA              | 2006            | Club Laguna SOS    |                    |     |
| 3 | DECHEVA MACHEVA, SIMONA       | 2004            | Club Laguna SOS    | 01:29:60           | 50E |
| 4 | LÓPEZ PÉREZ, INÉS             | 2005            | Club Laguna SOS    | 01:39:64           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 2 | GARRIDO GARCIA, LIDIA         | 2005            | C.D.B. Vallecas S.O.S | 01:22:49           | 50E |
| 3 | SASTRE QUEMADA, IRENE         | 2000            | Club Laguna SOS       | 01:18:38           | 25M |
| 4 | PALAO LORENTE, SANDRA         | 2005            | C.D.B. Vallecas S.O.S | 01:21:36           | 50E |
| 5 | AYUSO NIETO, ANA              | 2006            | Club Laguna SOS       | 01:26:20           | 50E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. combinada de salvamento abs M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>     | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|------------------------|--------------------|-----|
| <b>2</b> | ALONSO GARCÍA, PABLO          | 2004            | C.D.E. Nautilus S.O.S  | 01:36:51           | 25M |
| <b>3</b> | MORENO DIAZ, ALVARO           | 1995            | C.D.E. SOS Madrid Este | 01:15:47           | 50E |
| <b>4</b> | PANIAGUA ROSADO, HECTOR       | 2005            | Club Laguna SOS        | 01:17:28           | 25M |

**Serie: 2**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|-----------------------|--------------------|-----|
| <b>1</b> | MARTÍNEZ CABALLERO, DAVID     | 2002            | C.D.B. Vallecas S.O.S | 01:10:24           | 25M |
| <b>2</b> | GIL NUERO, FRANCISCO JAVIER   | 2000            | C.D.B. Vallecas S.O.S | 01:08:63           | 50E |
| <b>3</b> | VARGAS GARMENDIA, SERGIO      | 1998            | Club Laguna SOS       | 01:05:56           | 50E |
| <b>4</b> | PLAZUELO JIMENEZ, PABLO       | 2002            | Club Laguna SOS       | 01:06:95           | 25E |
| <b>5</b> | GARCÍA LÓPEZ, CHRISTIAN       | 2006            | Club Laguna SOS       | 01:09:64           | 50E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. socorrista master F**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b>     | <b>Año/Year</b> | <b>Club / Team</b>   | <b>Tiempo/Time</b> |     |
|----------|-----------------------------------|-----------------|----------------------|--------------------|-----|
| <b>2</b> | CABRERA GUIL, BELEN               | 1971            | RACE                 | 01:34:20           | 25E |
| <b>3</b> | GONZALEZ MOTA, LETICIA            | 1976            | C.D.E Máster Arganda | 01:26:78           | 25E |
| <b>4</b> | IGLESIAS FERNANDEZ, Mª DEL CARMEN | 1972            | RACE                 | 01:32:08           | 25E |
| <b>5</b> | CASAS CARMONA, MARIA              | 1976            | RACE                 | 01:41:50           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. socorrista master M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | ARENAS MARTIN, MIGUEL         | 1959            | C.D.E Máster Arganda  | 02:17:87           | 25M |
| 2 | DE VICENTE MINGARRO, ÍÑIGO    | 1961            | RACE                  | 01:26:25           | 25E |
| 3 | FRANCO, ALVARO                | 1976            | C.D.B. Vallecas S.O.S | 01:24:40           | 25M |
| 4 | DIAZ FERNANDEZ, ALEJANDRO     | 1976            | C.D.E Máster Arganda  | 01:25:51           | 25E |
| 5 | PEREZ MARTINEZ, DAVID JUAN    | 1974            | C.D.B. Vallecas S.O.S | 01:28:44           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | MARIA-TOMÉ ABELLA, LUIS       | 1969            | RACE                      | 01:17:12           | 25E |
| 2 | GARCÍA BLÁZQUEZ, RUBEN        | 1979            | C.D.B. Vallecas S.O.S     | 01:10:59           | 25M |
| 3 | SERRANO SALADO, JORGE         | 1994            | C.D.E Pacífico Salvamento | 01:04:25           | 50E |
| 4 | ZAPATA JIMÉNEZ, JAVIER        | 1976            | C.D.B. Vallecas S.O.S     | 01:10:70           | 50E |
| 5 | TAMAYO CUADRADO, MARIO        | 1980            | C.D.E Pacífico Salvamento | 01:15:77           | 25E |
| 6 | CARPINTERO ARRANZ, MARIANO    | 1969            | C.D.E Pacífico Salvamento | 01:18:35           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. socorrista abs F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------------------|--------------------|-----|
| 2 | SOLIS ALVARO, DANIELA         | 2005            | C.D.E. Nautilus S.O.S             |                    |     |
| 3 | VALENZUELA GONZÁLEZ, ALBA     | 2005            | Club Elemental Salvamento Arganda | 01:20:26           | 25M |
| 4 | PARRAL MENA, ANDREA           | 2006            | C.D.E. SOS Madrid Este            | 01:21:19           | 50E |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CAMPOS TAMAYO, PAULA          | 2006            | C.D.E. Nautilus S.O.S     | 01:20:09           | 25M |
| 2 | ALLER GÓMEZ, LUCÍA            | 2005            | C.D.B. Vallecas S.O.S     | 01:17:23           | 25M |
| 3 | ROCHA JORDAN, MIA MONSERRAT   | 2006            | C.D.E Pacífico Salvamento | 01:15:61           | 50E |
| 4 | LAHOZ NAVARRO, ALEJANDRA      | 2005            | Club Laguna SOS           | 01:16:91           | 25M |
| 5 | ORTEGA SANTAMARIA, MARINA     | 1998            | C.D.E Pacífico Salvamento | 01:18:93           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | LOPEZ PEREZ, INES             | 2005            | Club Laguna SOS           | 01:14:34           | 50E |
| 2 | GARRIDO VIVAS, CLAUDIA        | 2004            | C.D.B. Vallecas S.O.S     | 01:12:35           | 25M |
| 3 | CRUZ GONZALEZ, MARIA          | 2000            | C.D.E Pacífico Salvamento | 01:08:49           | 50E |
| 4 | GARRIDO GARCIA, TANIA         | 2003            | C.D.B. Vallecas S.O.S     | 01:08:60           | 25M |
| 5 | GABRIEL NIETO, CLAUDIA        | 2006            | C.D.B. Vallecas S.O.S     | 01:12:65           | 25M |
| 6 | VILLANUEVA PALOMO, MARTA      | 2006            | C.D.E. SOS Madrid Este    | 01:15:29           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b>       | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GONZALEZ RODRIGUEZ, JULIA           | 2006            | C.D.E Pacífico Salvamento | 01:07:82           | 50E |
| 2 | AYUSO NIETO, ANA                    | 2006            | Club Laguna SOS           | 01:04:94           | 50E |
| 3 | RODRIGUEZ FERNANDEZ, YANIRA         | 2002            | Club Laguna SOS           | 01:01:16           | 25M |
| 4 | PALAO LORENTE, SANDRA               | 2005            | C.D.B. Vallecas S.O.S     | 01:03:13           | 25M |
| 5 | ARRIBAS FERNANDEZ DE HEREDIA, CELIA | 2004            | C.D.B. Vallecas S.O.S     | 01:05:61           | 50E |
| 6 | BLAZQUEZ DIAZ, SALOME               | 1999            | Club Laguna SOS           | 01:08:02           | 50E |



**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. socorrista abs M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GONZÁLEZ GAITÁN, SERGIO       | 2000            | C.D.B. Vallecas S.O.S     | 01:24:26           | 50M |
| 2 | HERNÁNDEZ OJEDA, ALEJANDRO    | 2006            | C.D.E Pacífico Salvamento | 01:10:21           | 25M |
| 3 | DÍAZ MARTÍNEZ, MIGUEL         | 2005            | C.D.E. SOS Madrid Este    | 01:08:25           | 25M |
| 4 | GARCIA GUDIEL, MARCIAL        | 2000            | C.D.B. Vallecas S.O.S     | 01:08:59           | 25M |
| 5 | OCINA ÁLVAREZ, JUAN           | 2005            | C.D.E. Nautilus S.O.S     | 01:17:89           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>          | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------------|--------------------|-----|
| 1 | GONZÁLEZ BOTO, IGNACIO        | 2001            | Club Laguna SOS             | 01:04:22           | 25M |
| 2 | MARTÍNEZ CABALLERO, DAVID     | 2002            | C.D.B. Vallecas S.O.S       | 01:02:37           | 50E |
| 3 | CASTILLA YEBENES, IKER        | 2004            | C.D.B. Vallecas S.O.S       | 01:01:26           | 25M |
| 4 | SIMON PEREZ, CRISTIAN         | 2002            | Club Arriacense de Natación | 01:01:84           | 25M |
| 5 | GONZALEZ PONS, MARCO          | 2005            | C.D.B. Vallecas S.O.S       | 01:02:87           | 25M |
| 6 | KUZNIETSOV, IGOR              | 2006            | C.D.E. SOS Madrid Este      | 01:06:12           | 50E |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | TORRES ORCHE, ÁNGEL           | 2004            | C.D.B. Vallecas S.O.S     | 00:59:68           | 50E |
| 2 | VARGAS GARMENDIA, SERGIO      | 1998            | Club Laguna SOS           | 00:52:57           | 50E |
| 3 | PLAZUELO JIMENEZ, MARCO       | 1998            | Club Laguna SOS           | 00:51:74           | 50E |
| 4 | PLAZUELO JIMENEZ, PABLO       | 2002            | Club Laguna SOS           | 00:51:88           | 50E |
| 5 | DEL RIO ARISTI, IGOR          | 1986            | Club Laguna SOS           | 00:55:58           | 50E |
| 6 | CASTELLANOS RODRIGUEZ, ADRIÁN | 2006            | C.D.E Pacífico Salvamento | 01:00:69           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x25 m. relevo remolque de maniquí F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                             | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Máster Arganda (máster R4 +200 - F)      |                    |     |
| 3 |                               |                 | C.D.E Pacífico Salvamento (máster R4 +200 - F) | 02:55:87           | 25M |
| 4 |                               |                 | C.D.E Máster Arganda (absoluta - F)            |                    |     |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Pacífico Salvamento (absoluta - F) | 01:32:32           | 25M |
| 3 |                               |                 | Club Laguna SOS (absoluta - F)           | 01:25:42           | 50E |
| 4 |                               |                 | C.D.B. Vallecas S.O.S (absoluta - F)     | 01:27:73           | 50E |
| 5 |                               |                 | RACE (máster R4 +200 - F)                | 02:03:51           | 25E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x25 m. relevo remolque de maniquí M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|--|--------------------|-----|
| <b>2</b> |                               |                 | RACE (máster R4 +200 - M)                | 01:15:26           | 25M |
| <b>3</b> |                               |                 | Club Laguna SOS (absoluta - M)           | 01:07:31           | 50E |
| <b>4</b> |                               |                 | C.D.B. Vallecas S.O.S (absoluta - M)     | 01:14:24           | 25M |
| <b>5</b> |                               |                 | C.D.E Pacífico Salvamento (absoluta - M) | 01:19:60           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. supersocorrista abs**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>     | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|------------------------|--------------------|-----|
| <b>1</b> | GONZALEZ CANTARERO, CLAUDIA   | 2006            | C.D.B. Vallecas S.O.S  | 02:40:10           | 50E |
| <b>2</b> | MORENO DIAZ, ALVARO           | 1995            | C.D.E. SOS Madrid Este | 02:27:56           | 25M |
| <b>3</b> | VARGAS GARMENDIA, SERGIO      | 1998            | Club Laguna SOS        | 02:09:01           | 50E |
| <b>4</b> | GARCÍA LÓPEZ, CHRISTIAN       | 2006            | Club Laguna SOS        | 02:22:72           | 50E |
| <b>5</b> | CARRO ALVAREZ, PELAYO         | 2006            | C.D.B. Vallecas S.O.S  | 02:29:35           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo combinado F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                             | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Máster Arganda (máster R4 +200 - F)      |                    |     |
| 3 |                               |                 | C.D.E Pacífico Salvamento (máster R4 +200 - F) | 03:13:82           | 25M |
| 4 |                               |                 | C.D.E Máster Arganda (absoluta - F)            |                    |     |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E Pacífico Salvamento (absoluta - F) | 01:50:96           | 50E |
| 3 |                               |                 | Club Laguna SOS (absoluta - F)           | 01:45:88           | 50E |
| 4 |                               |                 | C.D.B. Vallecas S.O.S (absoluta - F)     | 01:46:43           | 50E |
| 5 |                               |                 | RACE (máster R4 +200 - F)                | 02:24:59           | 25E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo combinado M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                             | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 1 |                               |                 | RACE (máster R4 +200 - M)                      | 02:08:96           | 25E |
| 2 |                               |                 | C.D.E Pacífico Salvamento (absoluta - M)       | 01:41:28           | 25M |
| 3 |                               |                 | Club Laguna SOS (absoluta - M)                 | 01:30:99           | 50E |
| 4 |                               |                 | C.D.B. Vallecas S.O.S (absoluta - M)           | 01:34:06           | 50E |
| 5 |                               |                 | C.D.B. Vallecas S.O.S (máster R4 +170 - M)     | 02:05:98           | 25M |
| 6 |                               |                 | C.D.E Pacífico Salvamento (máster R4 +230 - M) | 02:55:87           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**50 m. remolque de maniquí master F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 2 | MARIN RAMIREZ, MARIA          | 1994            | C.D.E Pacifico Salvamento |                    |     |
| 3 | GUDIEL DEL CASTILLO, BEATRIZ  | 1966            | C.D.E Pacifico Salvamento | 01:20:54           | 25E |
| 4 | VELASCO ARRIBAS, MARIA TERESA | 1967            | C.D.E Pacifico Salvamento | 01:22:27           | 25E |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|---------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | NICOLAU PARALED, MERITXELL      | 1969            | RACE                      | 01:13:45           | 25E |
| 2 | MONTOYA ROMERO, GEMA            | 1972            | C.D.E Máster Arganda      | 00:50:20           | 25E |
| 3 | SAN NICOLAS PADILLA, ANA ISABEL | 1972            | RACE                      | 00:43:61           | 25E |
| 4 | MAGDALENA, MÓNICA               | 1972            | C.D.E Pacifico Salvamento | 00:48:37           | 25E |
| 5 | GONZALEZ MOTA, LETICIA          | 1976            | C.D.E Máster Arganda      | 00:52:39           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**50 m. remolque de maniquí master M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 2 | RECIO HUERTAS, CARLOS         | 1982            | C.D.E Máster Arganda      |                    |     |
| 3 | PEREZ MARTINEZ, DAVID JUAN    | 1974            | C.D.B. Vallecas S.O.S     | 01:00:03           | 50E |
| 4 | CULEBRAS MORENO, ANDRÉS       | 1965            | C.D.E Pacifico Salvamento | 01:01:90           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 2 | CRUZ GONZALEZ, LUIS           | 1965            | C.D.E Pacifico Salvamento | 00:55:03           | 25E |
| 3 | LÁZARO CRESPO, CARLOS         | 1966            | C.D.E Pacifico Salvamento | 00:50:92           | 25E |
| 4 | GOMEZ GARCIA, MARCOS          | 1973            | C.D.B. Vallecas S.O.S     | 00:51:49           | 25M |
| 5 | GARCIA LIBERAL, MARCIAL       | 1963            | C.D.E Pacifico Salvamento | 00:55:44           | 25E |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | ALIA JIMÉNEZ, RAFAEL          | 1968            | RACE                      | 00:48:77           | 25E |
| 2 | SANCHEZ RICO, MIGUEL ANGEL    | 1975            | RACE                      | 00:41:68           | 25M |
| 3 | SERRANO SALADO, JORGE         | 1994            | C.D.E Pacifico Salvamento | 00:33:25           | 25E |
| 4 | DEL BARRIO PISÓN, JAIME       | 1967            | RACE                      | 00:41:55           | 25E |
| 5 | CHICHARRO ARDERIUS, GONZALO   | 1953            | C.D.B. Vallecas S.O.S     | 00:46:84           | 25M |
| 6 | GORDÓN MORENO, ANDRÉS         | 1969            | C.D.E Pacifico Salvamento | 00:48:84           | 25E |



**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**50 m. remolque de maniquí abs F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|-----------------------|--------------------|--|
| 2 | KOVAL, ANASTASIA              | 2006            | Club Laguna SOS       |                    |  |
| 3 | FALCON IBAÑEZ, ALICIA         | 2003            | C.D.E. Nautilus S.O.S |                    |  |
| 4 | SOLÍS ÁLVARO, DANIELA         | 2005            | C.D.E. Nautilus S.O.S |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>     | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|------------------------|--------------------|-----|
| 2 | MOHEDANO PÉREZ, LUCIA         | 2006            | C.D.E. SOS Madrid Este | 00:55:60           | 50E |
| 3 | CAMPOS TAMAYO, PAULA          | 2006            | C.D.E. Nautilus S.O.S  | 00:49:80           | 25M |
| 4 | LAHOZ NAVARRO, ALEJANDRA      | 2005            | Club Laguna SOS        | 00:52:35           | 50E |
| 5 | GONZÁLEZ GARCÍA, MENCIA       | 2005            | C.D.E. SOS Madrid Este |                    |     |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | VILLANUEVA PALOMO, MARTA      | 2006            | C.D.E. SOS Madrid Este    | 00:47:81           | 25M |
| 2 | GARRIDO VIVAS, CLAUDIA        | 2004            | C.D.B. Vallecas S.O.S     | 00:44:61           | 25M |
| 3 | GARRIDO GARCIA, TANIA         | 2003            | C.D.B. Vallecas S.O.S     | 00:44:96           | 50E |
| 4 | SANZ VENTANILLA, CARMEN       | 2000            | C.D.E Pacifico Salvamento | 00:43:32           | 25M |
| 5 | ROCHA JORDAN, MIA MONSERRAT   | 2006            | C.D.E Pacifico Salvamento | 00:46:03           | 25M |
| 6 | ALLER GÓMEZ, LUCÍA            | 2005            | C.D.B. Vallecas S.O.S     | 00:49:26           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GÓNZALEZ CANTARERO, CLAUDIA   | 2006            | C.D.B. Vallecas S.O.S     | 00:43:74           | 50E |
| 2 | DECHEVA MACHEVA, SIMONA       | 2004            | Club Laguna SOS           | 00:42:68           | 50E |
| 3 | GARRIDO GARCIA, LIDIA         | 2005            | C.D.B. Vallecas S.O.S     | 00:42:00           | 50E |
| 4 | CRUZ GONZALEZ, MARIA          | 2000            | C.D.E Pacifico Salvamento | 00:42:04           | 50E |
| 5 | GABRIEL NIETO, CLAUDIA        | 2006            | C.D.B. Vallecas S.O.S     | 00:41:50           | 25M |
| 6 | LÓPEZ PÉREZ, INÉS             | 2005            | Club Laguna SOS           | 00:42:83           | 25M |

**Serie: 5**

|   | <b>Socorrista / Lifeguard</b>       | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | ARRIBAS FERNANDEZ DE HEREDIA, CELIA | 2004            | C.D.B. Vallecas S.O.S | 00:41:54           | 50E |
| 2 | QUILES MARTIN, MARA                 | 2003            | Club Laguna SOS       | 00:39:50           | 50E |
| 3 | SASTRE QUEMADA, IRENE               | 2000            | Club Laguna SOS       | 00:36:22           | 25E |
| 4 | PALAO LORENTE, SANDRA               | 2005            | C.D.B. Vallecas S.O.S | 00:39:35           | 50E |
| 5 | RODRIGUEZ FERNANDEZ, YANIRA         | 2002            | Club Laguna SOS       | 00:40:71           | 50E |
| 6 | BLAZQUEZ DIAZ, SALOME               | 1999            | Club Laguna SOS       | 00:41:85           | 50E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**50 m. remolque de maniquí abs M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------------------|--------------------|-----|
| 1 | ALONSO GARCÍA, PABLO          | 2004            | C.D.E. Nautilus S.O.S             | 00:43:21           | 25M |
| 2 | GUTIÉRREZ LÓPEZ, VÍCTOR       | 2006            | Club Elemental Salvamento Arganda | 00:42:07           | 25M |
| 3 | HERNÁNDEZ OJEDA, ALEJANDRO    | 2006            | C.D.E Pacifico Salvamento         | 00:39:79           | 25M |
| 4 | OCINA ÁLVAREZ, JUAN           | 2005            | C.D.E. Nautilus S.O.S             | 00:41:52           | 25M |
| 5 | GARCIA GUDIEL, MARCIAL        | 2000            | C.D.B. Vallecas S.O.S             | 00:42:69           | 25M |
| 6 | GONZÁLEZ GAITÁN, SERGIO       | 2000            | C.D.B. Vallecas S.O.S             |                    |     |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>          | <b>Tiempo/Time</b> |     |
|---|---------------------------------|-----------------|-----------------------------|--------------------|-----|
| 1 | DIAZ MARTINEZ, MIGUEL           | 2005            | C.D.E. SOS Madrid Este      | 00:39:09           | 25M |
| 2 | CEJUDO MARTIN-BLAS, IVÁN        | 2005            | C.D.B. Vallecas S.O.S       | 00:37:53           | 25M |
| 3 | TORREZ FERNANDEZ, FELIX ROLANDO | 2005            | C.D.E. SOS Madrid Este      | 00:37:15           | 25M |
| 4 | TORRES ORCHE, ÁNGEL             | 2004            | C.D.B. Vallecas S.O.S       | 00:37:33           | 25M |
| 5 | CANALES GARCÍA, MARCOS          | 2004            | C.D.B. Vallecas S.O.S       | 00:39:64           | 50E |
| 6 | SIMON PEREZ, CRISTIAN           | 2002            | Club Arriacense de Natación | 00:39:81           | 25E |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>     | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|------------------------|--------------------|-----|
| 1 | KUZNIETSOV, IGOR              | 2006            | C.D.E. SOS Madrid Este | 00:35:07           | 25M |
| 2 | DEL RIO ARISTI, IGOR          | 1986            | Club Laguna SOS        | 00:34:56           | 25M |
| 3 | TEVAR CASTRO, DAVID           | 2004            | Club Laguna SOS        | 00:33:88           | 25M |
| 4 | GONZÁLEZ BOTO, IGNACIO        | 2001            | Club Laguna SOS        | 00:34:08           | 25M |
| 5 | PANIAGUA ROSADO, HECTOR       | 2005            | Club Laguna SOS        | 00:34:83           | 25M |
| 6 | CASTILLA YEBENES, IKER        | 2004            | C.D.B. Vallecas S.O.S  | 00:35:63           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CASTELLANOS RODRIGUEZ, ADRIÁN | 2006            | C.D.E Pacifico Salvamento | 00:35:60           | 50E |
| 2 | MORENO DIAZ, ALVARO           | 1995            | C.D.E. SOS Madrid Este    | 00:32:60           | 25E |
| 3 | GIL NUERO, FRANCISCO JAVIER   | 2000            | C.D.B. Vallecas S.O.S     | 00:32:13           | 50E |
| 4 | MARTÍNEZ CABALLERO, DAVID     | 2002            | C.D.B. Vallecas S.O.S     | 00:33:54           | 50E |
| 5 | SÁNCHEZ MARTÍNEZ, ALVARO      | 2004            | C.D.E Pacifico Salvamento | 00:34:75           | 50E |
| 6 | GONZALEZ PONS, MARCO          | 2005            | C.D.B. Vallecas S.O.S     | 00:33:81           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. remolque de maniquí con aletas master F**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b>     | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|-----------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>1</b> | MARIN RAMIREZ, MARIA              | 1994            | C.D.E Pacífico Salvamento |                    |     |
| <b>2</b> | IGLESIAS FERNANDEZ, Mª DEL CARMEN | 1972            | RACE                      | 01:37:21           | 25M |
| <b>3</b> | MONTOYA ROMERO, GEMA              | 1972            | C.D.E Máster Arganda      | 01:30:30           | 25E |
| <b>4</b> | BONO LARA, YOLANDA                | 1972            | C.D.E Máster Arganda      | 01:33:75           | 25E |
| <b>5</b> | CABRERA GUIL, BELEN               | 1971            | RACE                      | 01:41:08           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. remolque de maniquí con aletas master M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>   | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|----------------------|--------------------|-----|
| 2 | ARENAS MARTIN, MIGUEL         | 1959            | C.D.E Máster Arganda | 02:22:59           | 25M |
| 3 | RODRIGO BERGADO, NORBERTO     | 1962            | RACE                 | 01:32:26           | 25M |
| 4 | ÁLVAREZ AVELLO, FERNANDO      | 1971            | RACE                 | 01:33:24           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 2 | ALÍA JIMÉNEZ, RAFAEL          | 1968            | RACE                  | 01:27:72           | 25E |
| 3 | DE VICENTE MINGARRO, ÍÑIGO    | 1961            | RACE                  | 01:24:43           | 25E |
| 4 | BAHON CANDEL, MARIO           | 1980            | C.D.B. Vallecas S.O.S | 01:24:87           | 50E |
| 5 | FRANCO, ALVARO                | 1976            | C.D.B. Vallecas S.O.S | 01:31:58           | 25E |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CHICHARRO ARDERIUS, GONZALO   | 1953            | C.D.B. Vallecas S.O.S     | 01:19:71           | 25E |
| 2 | DEL BARRIO PISÓN, JAIME       | 1967            | RACE                      | 01:12:16           | 25M |
| 3 | FRUCTUOSO SIERRA, DIEGO JULIO | 1975            | C.D.B. Vallecas S.O.S     | 01:08:21           | 50E |
| 4 | ZAPATA JIMÉNEZ, JAVIER        | 1976            | C.D.B. Vallecas S.O.S     | 01:11:16           | 25E |
| 5 | GARCÍA BLÁZQUEZ, RUBEN        | 1979            | C.D.B. Vallecas S.O.S     | 01:15:08           | 25M |
| 6 | CARPINTERO ARRANZ, MARIANO    | 1969            | C.D.E Pacifico Salvamento | 01:22:18           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. remolque de maniquí con aletas abs F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GONZÁLEZ GARCIA, MENCIA       | 2005            | C.D.E. SOS Madrid Este    |                    |     |
| 2 | ORTEGA SANTAMARIA, MARINA     | 1998            | C.D.E Pacifico Salvamento | 01:23:39           | 25M |
| 3 | PARRAL MENA, ANDREA           | 2006            | C.D.E. SOS Madrid Este    | 01:15:91           | 25M |
| 4 | CAMPOS TAMAYO, PAULA          | 2006            | C.D.E. Nautilus S.O.S     | 01:21:29           | 25M |
| 5 | MOHEDANO PÉREZ, LUCÍA         | 2006            | C.D.E. SOS Madrid Este    | 01:23:68           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------------------|--------------------|-----|
| 1 | VILLANUEVA PALOMO, MARTA      | 2006            | C.D.E. SOS Madrid Este            | 01:11:06           | 25M |
| 2 | GARRIDO GARCIA, TANIA         | 2003            | C.D.B. Vallecas S.O.S             | 01:05:69           | 50E |
| 3 | GONZALEZ RODRIGUEZ, JULIA     | 2006            | C.D.E Pacifico Salvamento         | 01:04:24           | 50E |
| 4 | BLAZQUEZ DIAZ, SALOME         | 1999            | Club Laguna SOS                   | 01:05:68           | 50E |
| 5 | QUILES MARTIN, MARA           | 2003            | Club Laguna SOS                   | 01:09:84           | 50E |
| 6 | VALENZUELA GONZÁLEZ, ALBA     | 2005            | Club Elemental Salvamento Arganda | 01:15:32           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. remolque de maniquí con aletas abs M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>     | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|------------------------|--------------------|-----|
| 2 | DÍAZ MARTINEZ, MIGUEL         | 2005            | C.D.E. SOS Madrid Este | 01:08:72           | 25M |
| 3 | GONZÁLEZ BOTO, IGNACIO        | 2001            | Club Laguna SOS        | 01:01:66           | 25M |
| 4 | OCINA ÁLVAREZ, JUAN           | 2005            | C.D.E. Nautilus S.O.S  | 01:06:59           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>          | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------------|--------------------|-----|
| 2 | PANIAGUA ROSADO, HECTOR       | 2005            | Club Laguna SOS             | 01:01:12           | 25M |
| 3 | SIMON PEREZ, CRISTIAN         | 2002            | Club Arriacense de Natación | 00:57:09           | 50E |
| 4 | GONZALEZ PONS, MARCO          | 2005            | C.D.B. Vallecas S.O.S       | 00:58:40           | 25M |
| 5 | KUZNIETSOV, IGOR              | 2006            | C.D.E. SOS Madrid Este      | 01:01:34           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | TORRES ORCHE, ANGEL           | 2004            | C.D.B. Vallecas S.O.S | 00:56:15           | 25M |
| 2 | CARRO ALVAREZ, PELAYO         | 2006            | C.D.B. Vallecas S.O.S | 00:54:68           | 50E |
| 3 | PLAZUELO JIMENEZ, MARCO       | 1998            | Club Laguna SOS       | 00:46:85           | 50E |
| 4 | DEL RIO ARISTI, IGOR          | 1986            | Club Laguna SOS       | 00:50:33           | 50E |
| 5 | TEVAR CASTRO, DAVID           | 2004            | Club Laguna SOS       | 00:55:20           | 50E |
| 6 | CASTILLA YEBENES, IKER        | 2004            | C.D.B. Vallecas S.O.S | 00:57:00           | 50E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo socorrista mixto abs**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|--|--------------------|-----|
| <b>2</b> |                               |                 | C.D.E Pacífico Salvamento (absoluta - X) | 02:05:66           | 50E |
| <b>3</b> |                               |                 | Club Laguna SOS (absoluta - X)           | 01:53:31           | 50E |
| <b>4</b> |                               |                 | C.D.B. Vallecas S.O.S (absoluta - X)     | 01:55:83           | 50E |
| <b>5</b> |                               |                 | C.D.E. Nautilus S.O.S (absoluta - X)     | 02:42:37           | 25M |

# LISTAS DE SALIDA

1ª JORNADA – FASE TERRITORIAL –  
XXIV LIGA ESPAÑOLA CLUBES  
JUNIOR & JUVENIL 24-25

“C.D.M ÁNGEL PALOMERAS”

MADRID

09 DE NOVIEMBRE 2024

Yago Carro Álvarez  
Juan Torres Orche  
Lucía Orteu González

Jefe de Competición S. Mañana

Carlos Porro Sánchez

Secretaría de competición

Horario:

Sábado 09 15:00 Calentamiento – 15:45 Competición



FEDERACIÓN MADRILEÑA DE SALVAMENTO Y SOCORRISMO – Avd. Salas de los Infantes nº 1, 4ª Planta. 28034 Madrid.

Tlf. 91 364 63 31/32/33 Fax. 91 364 63 33 - [www.fmss.es](http://www.fmss.es) - [sosmadrid@fmss.es](mailto:sosmadrid@fmss.es)



**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**Lanzamiento de cuerda jun juv F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---|--------------------|-----|
| 1 |                               |                 | C.D.B. Vallecas S.O.S (juvenil - F)     | 00:29:59           | 25M |
| 2 |                               |                 | C.D.E. SOS Madrid Este (júnior - F)     | 00:17:70           | 25M |
| 3 |                               |                 | C.D.B. Vallecas S.O.S (júnior - F)      | 00:15:68           | 50E |
| 4 |                               |                 | C.D.E Pacífico Salvamento (juvenil - F) | 00:16:96           | 25M |
| 5 |                               |                 | C.D.E Pacífico Salvamento (júnior - F)  | 00:20:70           | 25M |
| 6 |                               |                 | Club Laguna SOS (juvenil - F)           |                    |     |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**Lanzamiento de cuerda jun juv M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                       | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|--|--------------------|-----|
| 2 |                               |                 | C.D.E. Nautilus S.O.S (júnior - M)       |                    |     |
| 3 |                               |                 | C.D.B. Vallecas S.O.S (júnior - M)       | 00:21:08           | 25M |
| 4 |                               |                 | C.D.E. Pacífico Salvamento (juvenil - M) | 00:25:87           | 50E |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---|--------------------|-----|
| 2 |                               |                 | Club Laguna SOS (júnior - M)            | 00:14:12           | 50E |
| 3 |                               |                 | C.D.B. Vallecas S.O.S (juvenil - M)     | 00:11:96           | 50E |
| 4 |                               |                 | C.D.E. Pacífico Salvamento (júnior - M) | 00:13:66           | 50E |
| 5 |                               |                 | C.D.E. SOS Madrid Este (júnior - M)     | 00:14:41           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. natación con obstáculos juv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|---------------------------------|-----------------|---------------------------|--------------------|--|
| 2 | PARDO ALULIMA, ARANTXA CRISTINA | 2008            | C.D.B. Vallecas S.O.S     |                    |  |
| 3 | MATE GARCÍA, CLAUDIA            | 2010            | C.D.E Pacífico Salvamento |                    |  |
| 4 | RAMOS BORRAS, PAULA             | 2009            | C.D.B. Vallecas S.O.S     |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | ANDREA SUSTAETA, NEREA        | 2009            | C.D.E Pacífico Salvamento |                    |     |
| 2 | TAPIADOR VEGA, GABRIELA       | 2010            | Club Natación Guadalajara | 03:13:41           | 25M |
| 3 | ALVAREZ MARTINEZ, MARIA       | 2010            | Club Natación Guadalajara | 02:58:94           | 25M |
| 4 | MARTÍN MORCILLO, CARLA        | 2008            | Club Laguna SOS           | 03:00:99           | 25M |
| 5 | SANCHEZ MAIZ, MIRIAM          | 2009            | C.D.B. Vallecas S.O.S     | 03:29:09           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b>        | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|--------------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | CONTRERAS ORELLANA, LUCIA DEL CARMEN | 2011            | C.D.B. Vallecas S.O.S | 02:49:68           | 25M |
| 2 | GARCIA BRASERO, AITANA               | 2007            | C.D.B. Vallecas S.O.S | 02:43:57           | 50E |
| 3 | ZAPATA DE LA IGLESIA, LUNA           | 2011            | C.D.B. Vallecas S.O.S | 02:38:61           | 25M |
| 4 | GÓMEZ LOZANO, DANIELA                | 2011            | C.D.B. Vallecas S.O.S | 02:39:52           | 25M |
| 5 | CALDERON BIOSCA, ALBA                | 2011            | C.D.B. Vallecas S.O.S | 02:44:80           | 25E |
| 6 | CHAVEZ CELIS, CRISTINA               | 2011            | C.D.B. Vallecas S.O.S | 02:49:95           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | HUERTAS SANCHEZ, GABRIELA     | 2009            | C.D.E Pacífico Salvamento | 02:37:77           | 25M |
| 2 | IBAÑEZ GONZALEZ, NEREA        | 2008            | C.D.E Pacífico Salvamento | 02:33:02           | 25M |
| 3 | GONZALEZ CANTARERO, CARLA     | 2007            | C.D.B. Vallecas S.O.S     | 02:22:66           | 25M |
| 4 | IBÁÑEZ GONZÁLEZ, ANDREA       | 2009            | C.D.E Pacífico Salvamento | 02:30:12           | 25M |
| 5 | GARCÍA BRASERO, PAULA         | 2008            | C.D.B. Vallecas S.O.S     | 02:33:14           | 25M |
| 6 | CAMPANARIO DEL CASTILLO, NOA  | 2010            | Club Natación Guadalajara | 02:38:42           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. natación con obstáculos juv jun M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|---------------------------|--------------------|--|
| 2 | ARENILLA SANZ, FELIX          | 2008            | C.D.E Pacifico Salvamento |                    |  |
| 3 | MORENO CASTAÑO, PEDRO         | 2009            | C.D.B. Vallecas S.O.S     |                    |  |
| 4 | PIZARRO DIAZ, PEDRO           | 2009            | C.D.B. Vallecas S.O.S     |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|---------------------------|--------------------|--|
| 1 | AIT SAAYED ROUBAH, RAYAN      | 2010            | Club Laguna SOS           |                    |  |
| 2 | ROJO PAZ, ÁLVARO              | 2010            | C.D.E Pacifico Salvamento |                    |  |
| 3 | FERNÁNDEZ GAGO, GONZALO TOMÁS | 2007            | Club Laguna SOS           |                    |  |
| 4 | FERRER CASTILLO, DIEGO        | 2009            | C.D.E Pacifico Salvamento |                    |  |
| 5 | GARCÍA GONZALEZ, BELTRÁN      | 2008            | C.D.E. Nautilus S.O.S     |                    |  |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | LINARES HERRERO, JORGE        | 2010            | C.D.B. Vallecas S.O.S     | 03:16:85           | 25M |
| 2 | VILLAGRÁN MUÑOZ, ISMAEL       | 2009            | C.D.E Pacifico Salvamento | 02:59:98           | 25M |
| 3 | MEJIAS ESCOBAR, MIGUEL ANGEL  | 2011            | C.D.B. Vallecas S.O.S     | 02:58:26           | 25M |
| 4 | MARTIN MORCILLO, ALVARO       | 2010            | Club Laguna SOS           | 02:59:84           | 25M |
| 5 | CAÑETE GONZALEZ, ERIK         | 2010            | C.D.B. Vallecas S.O.S     | 03:05:10           | 25M |
| 6 | MAURA BARTOLOMÉ, MARCOS       | 2010            | Club Laguna SOS           | 03:36:15           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GÓMEZ GAMO, NICOLAS           | 2007            | Club Laguna SOS           | 02:55:49           | 25M |
| 2 | MARTÍN CARRERA, DANIEL        | 2009            | Club Laguna SOS           | 02:43:98           | 25M |
| 3 | MÉNDEZ BODAS, IÑIGO           | 2010            | C.D.E Pacifico Salvamento | 02:41:59           | 25M |
| 4 | NIKOLOV GEORGIEV, KALIN       | 2007            | Club Laguna SOS           | 02:41:85           | 25M |
| 5 | AYALA ROYO, MARIO             | 2007            | Club Laguna SOS           | 02:57:09           | 50E |
| 6 | PORTILLA BARTOLOME, ADRIAN    | 2010            | C.D.B. Vallecas S.O.S     | 02:56:44           | 25M |

**Serie: 5**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CUAIRÁN GARAY, INAKI          | 2009            | C.D.E Pacifico Salvamento | 02:36:02           | 25M |
| 2 | VALENZUELA GONZÁLEZ, GONZALO  | 2007            | C.D.E. SOS Madrid Este    | 02:23:91           | 25M |
| 3 | GALLARDO GÓMEZ, MIGUEL        | 2007            | C.D.B. Vallecas S.O.S     | 02:09:55           | 50E |
| 4 | GARCIA CASTRO, DANIEL         | 2008            | C.D.B. Vallecas S.O.S     | 02:22:81           | 25M |
| 5 | MURCIA CONDE, JORGE           | 2009            | C.D.E Pacifico Salvamento | 02:29:60           | 25M |
| 6 | GABRIEL NIETO, LUCAS          | 2009            | C.D.B. Vallecas S.O.S     | 02:38:96           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo natación con obstáculos juv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---|--------------------|-----|
| 1 |                               |                 | Club Natación Guadalajara (juvenil - F) | 02:07:91           | 50E |
| 2 |                               |                 | C.D.E Pacífico Salvamento (júnior - F)  | 02:06:34           | 25M |
| 3 |                               |                 | C.D.B. Vallecas S.O.S (júnior - F)      | 02:05:08           | 50E |
| 4 |                               |                 | C.D.E Pacífico Salvamento (juvenil - F) | 02:05:87           | 25M |
| 5 |                               |                 | C.D.B. Vallecas S.O.S (juvenil - F)     | 02:06:97           | 50E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo natación con obstáculos juv jun M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---|--------------------|-----|
| <b>2</b> |                               |                 | C.D.B. Vallecas S.O.S (juvenil - M)     | 02:05:42           | 50E |
| <b>3</b> |                               |                 | C.D.B. Vallecas S.O.S (júnior - M)      | 01:57:11           | 25M |
| <b>4</b> |                               |                 | Club Laguna SOS (júnior - M)            | 02:00:61           | 25M |
| <b>5</b> |                               |                 | C.D.E Pacífico Salvamento (juvenil - M) | 02:09:03           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. combinada de salvamento juv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |
|---|-------------------------------|-----------------|---------------------------|--------------------|
| 2 | GAMEZ LASO, EVA               | 2011            | Club Laguna SOS           |                    |
| 3 | CAMPANARIO DEL CASTILLO, NOA  | 2010            | Club Natación Guadalajara |                    |
| 4 | TAPIADOR VEGA, GABRIELA       | 2010            | Club Natación Guadalajara |                    |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | MARTIN MORCILLO, CARLA        | 2008            | Club Laguna SOS           | 01:39:65           | 50E |
| 2 | VARAS GONZÁLEZ, MIRIAM        | 2009            | Club Laguna SOS           | 01:29:47           | 50E |
| 3 | GONZALEZ CANTARERO, CARLA     | 2007            | C.D.B. Vallecas S.O.S     | 01:24:56           | 25M |
| 4 | JIMENEZ GOMEZ, ELSA           | 2009            | Club Natación Guadalajara | 01:27:96           | 50E |
| 5 | GARCIA BRASERO, AITANA        | 2007            | C.D.B. Vallecas S.O.S     | 01:31:03           | 25M |
| 6 | BERMEJO PARILLA, AMAYA        | 2010            | Club Natación Guadalajara |                    |     |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. combinada de salvamento juv jun M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>2</b> | PULIDO MILLAN, LUCAS          | 2009            | C.D.E Pacifico Salvamento |                    |     |
| <b>3</b> | AYALA ROYO, MARIO             | 2007            | Club Laguna SOS           | 01:29:94           | 25M |
| <b>4</b> | SERRANO RODRIGUEZ, LUCAS      | 2010            | C.D.B. Vallecas S.O.S     | 01:31:59           | 25M |

**Serie: 2**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>1</b> | MÉNDEZ BODAS, IÑIGO           | 2010            | C.D.E Pacifico Salvamento | 01:29:17           | 50E |
| <b>2</b> | MURCIA CONDE, JORGE           | 2009            | C.D.E Pacifico Salvamento | 01:23:22           | 50E |
| <b>3</b> | LÓPEZ PÉREZ, MARTÍN           | 2008            | Club Laguna SOS           | 01:19:54           | 50E |
| <b>4</b> | SANANDRÉS ARELLANO, MARIO     | 2010            | C.D.B. Vallecas S.O.S     | 01:20:51           | 50E |
| <b>5</b> | NAVARRETE VIGO, GUILLERMO     | 2009            | Club Laguna SOS           | 01:27:83           | 50E |



**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. socorristajuv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|---------------------------------|-----------------|-----------------------|--------------------|-----|
| 2 | SHEPHARD FERNANDEZ, ANDREA JEAN | 2010            | C.D.B. Vallecas S.O.S |                    |     |
| 3 | GONZALEZ URRUTIA, CELIA         | 2009            | C.D.B. Vallecas S.O.S | 01:29:27           | 25M |
| 4 | SANCHEZ MAIZ, MIRIAM            | 2009            | C.D.B. Vallecas S.O.S | 01:33:04           | 25M |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CANETE GONZALEZ, NEREA        | 2007            | C.D.B. Vallecas S.O.S     | 01:28:11           | 25M |
| 2 | RODRIGUEZ EZQUERRA, OIHANE    | 2008            | C.D.B. Vallecas S.O.S     | 01:25:59           | 25M |
| 3 | GONZÁLEZ RODRÍGUEZ, CAROLINA  | 2009            | C.D.E Pacífico Salvamento | 01:21:98           | 25M |
| 4 | MARTINEZ DE FRUTOS, IRENE     | 2009            | C.D.B. Vallecas S.O.S     | 01:24:73           | 25M |
| 5 | EL LAHLAH ARKIK, MALAK        | 2007            | C.D.E. SOS Madrid Este    | 01:27:34           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b>      | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|------------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | ROA LOPEZ, IRENE                   | 2009            | C.D.B. Vallecas S.O.S     | 01:16:50           | 25M |
| 2 | LAZARO TELLO, PAULA                | 2009            | C.D.B. Vallecas S.O.S     | 01:15:56           | 25M |
| 3 | GONZÁLEZ GARCÍA, LUCÍA             | 2007            | C.D.E Pacífico Salvamento | 01:12:46           | 25M |
| 4 | MARTIN DEL CAMPO SENOVILLA, JIMENA | 2008            | C.D.B. Vallecas S.O.S     | 01:13:43           | 50E |
| 5 | IBÁÑEZ GONZÁLEZ, ANDREA            | 2009            | C.D.E Pacífico Salvamento | 01:16:50           | 25M |
| 6 | GARCÍA RODRÍGUEZ, MARTA            | 2007            | C.D.B. Vallecas S.O.S     | 01:18:67           | 50E |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | IBANEZ GONZALEZ, NEREA        | 2008            | C.D.E Pacífico Salvamento | 01:10:73           | 25M |
| 2 | VARAS GONZÁLEZ, MIRIAM        | 2009            | Club Laguna SOS           | 01:10:42           | 25M |
| 3 | GONZALEZ CANTARERO, MARIA     | 2007            | C.D.B. Vallecas S.O.S     | 01:08:28           | 50E |
| 4 | ZAPATA DE LA IGLESIA, ITZIAR  | 2007            | C.D.B. Vallecas S.O.S     | 01:10:01           | 25M |
| 5 | CARPINTERO MORENO, RUTH       | 2008            | C.D.E Pacífico Salvamento | 01:10:73           | 25M |
| 6 | PALAO LORENTE, NATALIA        | 2007            | C.D.B. Vallecas S.O.S     | 01:12:38           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. socorristajuv jun M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b> | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|--------------------|--------------------|--|
| 2 | MAURA BARTOLOMÉ, MARCOS       | 2010            | Club Laguna SOS    |                    |  |
| 3 | AIT SAAYED ROUBAH, RAYAN      | 2010            | Club Laguna SOS    |                    |  |
| 4 | MARTIN MORCILLO, ALVARO       | 2010            | Club Laguna SOS    |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|-----------------------|--------------------|--|
| 1 | DUESO BATANERO, MANUEL        | 2008            | C.D.B. Vallecas S.O.S |                    |  |
| 2 | ORODEA MUÑOZ, ABEL            | 2009            | C.D.B. Vallecas S.O.S |                    |  |
| 3 | GUADIX PÉREZ, IGNACIO         | 2010            | C.D.B. Vallecas S.O.S |                    |  |
| 4 | NUÑEZ VILLACIS, ADRIAN RAFAEL | 2008            | C.D.B. Vallecas S.O.S |                    |  |
| 5 | PIZARRO DIAZ, PEDRO           | 2009            | C.D.B. Vallecas S.O.S |                    |  |
| 6 | SERRANO RODRIGUEZ, LUCAS      | 2010            | C.D.B. Vallecas S.O.S |                    |  |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>     | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|------------------------|--------------------|-----|
| 1 | TORRES TOMICO, ADRIÁN         | 2009            | Club Laguna SOS        | 01:28:09           | 25M |
| 2 | LÓPEZ LÓPEZ, EMILIO           | 2008            | Club Laguna SOS        | 01:17:45           | 25M |
| 3 | MENACHO MARTIN, RAÚL          | 2008            | C.D.B. Vallecas S.O.S  | 01:12:44           | 50E |
| 4 | SANCHEZ MÉNDEZ, ALEJANDRO     | 2008            | C.D.E. Nautilus S.O.S  | 01:12:62           | 50E |
| 5 | MERINO RODRÍGUEZ, ÁLVARO      | 2009            | C.D.E. SOS Madrid Este | 01:18:61           | 50E |
| 6 | CABALLERO GALA, DANIEL        | 2009            | C.D.B. Vallecas S.O.S  | 01:30:32           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CUAIRAN GARAY, IÑAKI          | 2009            | C.D.E Pacífico Salvamento | 01:10:51           | 25M |
| 2 | VALENZUELA GONZÁLEZ, GONZALO  | 2007            | C.D.E. SOS Madrid Este    | 01:05:55           | 25M |
| 3 | DEL POZO FERNANDES, IGNACIO   | 2008            | C.D.B. Vallecas S.O.S     | 01:03:22           | 25M |
| 4 | PÉREZ DAVALILLO, DIEGO        | 2008            | C.D.B. Vallecas S.O.S     | 01:03:54           | 50E |
| 5 | NIKOLOV GEORGIEV, KALIN       | 2007            | Club Laguna SOS           | 01:07:46           | 25M |
| 6 | IZQUIERDO MINGUILLÁN, ÁLVARO  | 2008            | C.D.B. Vallecas S.O.S     | 01:11:62           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x25 m. relevo remolque de maniquí juv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---|--------------------|-----|
| 1 |                               |                 | Club Natación Guadalajara (juvenil - F) | 01:37:32           | 50E |
| 2 |                               |                 | Club Laguna SOS (júnior - F)            | 01:34:24           | 50E |
| 3 |                               |                 | C.D.E Pacífico Salvamento (júnior - F)  | 01:31:96           | 25M |
| 4 |                               |                 | C.D.B. Vallecas S.O.S (júnior - F)      | 01:32:80           | 50E |
| 5 |                               |                 | C.D.E Pacífico Salvamento (juvenil - F) | 01:35:16           | 50E |
| 6 |                               |                 | C.D.B. Vallecas S.O.S (juvenil - F)     | 01:38:43           | 50E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x25 m. relevo remolque de maniquí juv jun M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---|--------------------|-----|
| <b>2</b> |                               |                 | C.D.B. Vallecas S.O.S (juvenil - M)     | 01:29:34           | 50E |
| <b>3</b> |                               |                 | Club Laguna SOS (júnior - M)            | 01:23:22           | 25M |
| <b>4</b> |                               |                 | C.D.B. Vallecas S.O.S (júnior - M)      | 01:27:92           | 25M |
| <b>5</b> |                               |                 | C.D.E Pacífico Salvamento (juvenil - M) | 01:32:11           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. supersocorrista juv jun F**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---------------------------|--------------------|-----|
| <b>1</b> | SANCHEZ MARTINEZ, CLAUDIA     | 2010            | Club Natación Guadalajara |                    |     |
| <b>2</b> | HUERTAS SÁNCHEZ, GABRIELA     | 2009            | C.D.E Pacífico Salvamento | 02:54:78           | 25M |
| <b>3</b> | ZAPATA DE LA IGLESIA, ITZIAR  | 2007            | C.D.B. Vallecas S.O.S     | 02:48:64           | 50E |
| <b>4</b> | GARCÍA BRASERO, PAULA         | 2008            | C.D.B. Vallecas S.O.S     | 02:52:41           | 25M |
| <b>5</b> | JIMENEZ GOMEZ, ELSA           | 2009            | Club Natación Guadalajara | 03:07:19           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**200 m. supersocorrista juv jun M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|-----------------------|--------------------|-----|
| <b>1</b> | GABRIEL NIETO, LUCAS          | 2009            | C.D.B. Vallecas S.O.S | 02:57:84           | 50E |
| <b>2</b> | SANANDRÉS ARELLANO, MARIO     | 2010            | C.D.B. Vallecas S.O.S | 02:42:95           | 25M |
| <b>3</b> | GALLARDO GÓMEZ, MIGUEL        | 2007            | C.D.B. Vallecas S.O.S | 02:19:89           | 50E |
| <b>4</b> | PÉREZ DAVALILLO, DIEGO        | 2008            | C.D.B. Vallecas S.O.S | 02:42:42           | 25M |
| <b>5</b> | GARCIA CASTRO, DANIEL         | 2008            | C.D.B. Vallecas S.O.S | 02:44:32           | 25M |
| <b>6</b> | AYALA ROYO, MARIO             | 2007            | Club Laguna SOS       | 03:09:28           | 50E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo combinado juv jun F**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---|--------------------|-----|
| <b>1</b> |                               |                 | Club Natación Guadalajara (juvenil - F) | 01:56:25           | 50E |
| <b>3</b> |                               |                 | C.D.B. Vallecas S.O.S (júnior - F)      | 01:52:38           | 50E |
| <b>4</b> |                               |                 | C.D.B. Vallecas S.O.S (juvenil - F)     | 01:53:86           | 50E |
| <b>5</b> |                               |                 | C.D.E Pacífico Salvamento (júnior - F)  | 01:56:01           | 25M |
| <b>6</b> |                               |                 | C.D.E Pacífico Salvamento (juvenil - F) | 01:56:64           | 50E |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo combinado juv jun M**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---|--------------------|-----|
| <b>2</b> |                               |                 | Club Laguna SOS (júnior - M)            | 01:53:95           | 50E |
| <b>3</b> |                               |                 | C.D.B. Vallecas S.O.S (júnior - M)      | 01:47:51           | 50E |
| <b>4</b> |                               |                 | C.D.B. Vallecas S.O.S (juvenil - M)     | 01:49:97           | 50E |
| <b>5</b> |                               |                 | C.D.E Pacífico Salvamento (juvenil - M) | 01:55:37           | 25M |



**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**50 m. remolque de maniquí juv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|---------------------------------|-----------------|---------------------------|--------------------|--|
| 2 | MATE GARCIA, CLAUDIA            | 2010            | C.D.E Pacifico Salvamento |                    |  |
| 3 | PARDO ALULIMA, ARANTXA CRISTINA | 2008            | C.D.B. Vallecas S.O.S     |                    |  |
| 4 | ANDREA SUSTAETA, NEREA          | 2009            | C.D.E Pacifico Salvamento |                    |  |
| 5 | RAMOS BORRAS, PAULA             | 2009            | C.D.B. Vallecas S.O.S     |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | EL LAHLAH ARKIK, MALAK        | 2007            | C.D.E. SOS Madrid Este    | 01:01:66           | 25M |
| 2 | CAÑETE GONZALEZ, NEREA        | 2007            | C.D.B. Vallecas S.O.S     | 01:00:35           | 25M |
| 3 | RODRIGUEZ EZQUERRA, OIHANE    | 2008            | C.D.B. Vallecas S.O.S     | 00:55:15           | 25M |
| 4 | SANCHEZ MAIZ, MIRIAM          | 2009            | C.D.B. Vallecas S.O.S     | 00:59:78           | 25M |
| 5 | ALVAREZ MARTINEZ, MARIA       | 2010            | Club Natación Guadalajara | 01:01:13           | 25E |
| 6 | GONZALEZ URRUTIA, CELIA       | 2009            | C.D.B. Vallecas S.O.S     | 01:02:38           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|---------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | BAJO HERNANDEZ, LAURA           | 2010            | C.D.E. SOS Madrid Este    | 00:52:56           | 25M |
| 2 | SHEPHARD FERNANDEZ, ANDREA JEAN | 2010            | C.D.B. Vallecas S.O.S     | 00:52:45           | 25M |
| 3 | MARTINEZ DE FRUTOS, IRENE       | 2009            | C.D.B. Vallecas S.O.S     | 00:51:00           | 50E |
| 4 | ROA LOPEZ, IRENE                | 2009            | C.D.B. Vallecas S.O.S     | 00:49:76           | 25M |
| 5 | TAPIADOR VEGA, GABRIELA         | 2010            | Club Natación Guadalajara | 00:52:52           | 25M |
| 6 | GARCÍA RODRÍGUEZ, MARTA         | 2007            | C.D.B. Vallecas S.O.S     | 00:53:63           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b>        | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|--------------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CONTRERAS ORELLANA, LUCIA DEL CARMEN | 2011            | C.D.B. Vallecas S.O.S     | 00:46:68           | 25M |
| 2 | GAMEZ LASO, EVA                      | 2011            | Club Laguna SOS           | 00:46:15           | 25M |
| 3 | GÓMEZ LOZANO, DANIELA                | 2011            | C.D.B. Vallecas S.O.S     | 00:45:65           | 25M |
| 4 | BERMEJO PARILLA, AMAYA               | 2010            | Club Natación Guadalajara | 00:46:10           | 25M |
| 5 | LAZARO TELLO, PAULA                  | 2009            | C.D.B. Vallecas S.O.S     | 00:46:56           | 25M |
| 6 | CALDERON BIOSCA, ALBA                | 2011            | C.D.B. Vallecas S.O.S     | 00:47:93           | 25E |

**Serie: 5**

|   | <b>Socorrista / Lifeguard</b>      | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|------------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | PALAO LORENTE, NATALIA             | 2007            | C.D.B. Vallecas S.O.S     | 00:45:34           | 25M |
| 2 | GONZÁLEZ GARCÍA, LUCÍA             | 2007            | C.D.E Pacifico Salvamento | 00:43:68           | 25M |
| 3 | IBAÑEZ GONZALEZ, NEREA             | 2008            | C.D.E Pacifico Salvamento | 00:42:42           | 25M |
| 4 | IBAÑEZ GONZÁLEZ, ANDREA            | 2009            | C.D.E Pacifico Salvamento | 00:44:25           | 50E |
| 5 | GONZÁLEZ RODRÍGUEZ, CAROLINA       | 2009            | C.D.E Pacifico Salvamento | 00:46:24           | 50E |
| 6 | MARTIN DEL CAMPO SENOVILLA, JIMENA | 2008            | C.D.B. Vallecas S.O.S     | 00:45:56           | 25M |

**Serie: 6**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GARCIA BRASERO, AITANA        | 2007            | C.D.B. Vallecas S.O.S     | 00:41:70           | 25M |
| 2 | GARCÍA BRASERO, PAULA         | 2008            | C.D.B. Vallecas S.O.S     | 00:41:22           | 25M |
| 3 | ZAPATA DE LA IGLESIA, LUNA    | 2011            | C.D.B. Vallecas S.O.S     | 00:41:13           | 25E |
| 4 | GONZALEZ CANTARERO, MARIA     | 2007            | C.D.B. Vallecas S.O.S     | 00:42:78           | 50E |
| 5 | CAMPANARIO DEL CASTILLO, NOA  | 2010            | Club Natación Guadalajara | 00:41:71           | 25E |
| 6 | SANCHEZ MARTINEZ, CLAUDIA     | 2010            | Club Natación Guadalajara | 00:41:96           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**Serie: 7**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | CHAVEZ CELIS, CRISTINA        | 2011            | C.D.B. Vallecas S.O.S     | 00:40:91           | 25E |
| 2 | HUERTAS SÁNCHEZ, GABRIELA     | 2009            | C.D.E Pacífico Salvamento | 00:42:13           | 50E |
| 3 | CARPINTERO MORENO, RUTH       | 2008            | C.D.E Pacífico Salvamento | 00:37:97           | 25M |
| 4 | JIMENEZ GOMEZ, ELSA           | 2009            | Club Natación Guadalajara | 00:40:24           | 25E |
| 5 | VARAS GONZÁLEZ, MIRIAM        | 2009            | Club Laguna SOS           | 00:42:23           | 50E |
| 6 | ZAPATA DE LA IGLESIA, ITZIAR  | 2007            | C.D.B. Vallecas S.O.S     | 00:42:48           | 50E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**50 m. remolque de maniquí juv jun M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|---------------------------|--------------------|--|
| 2 | DUESO BATANERO, MANUEL        | 2008            | C.D.B. Vallecas S.O.S     |                    |  |
| 3 | ROJO PAZ, ÁLVARO              | 2010            | C.D.E Pacífico Salvamento |                    |  |
| 4 | ARENILLA SANZ, FELIX          | 2008            | C.D.E Pacífico Salvamento |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|---------------------------|--------------------|--|
| 1 | PIZARRO DÍAZ, PEDRO           | 2009            | C.D.B. Vallecas S.O.S     |                    |  |
| 2 | ORODEA MUÑOZ, ABEL            | 2009            | C.D.B. Vallecas S.O.S     |                    |  |
| 3 | GARCÍA GONZALEZ, BELTRÁN      | 2008            | C.D.E. Nautilus S.O.S     |                    |  |
| 4 | GUADIX PÉREZ, IGNACIO         | 2010            | C.D.B. Vallecas S.O.S     |                    |  |
| 5 | MORENO CASTAÑO, PEDRO         | 2009            | C.D.B. Vallecas S.O.S     |                    |  |
| 6 | FERRER CASTILLO, DIEGO        | 2009            | C.D.E Pacífico Salvamento |                    |  |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | FERNÁNDEZ GAGO, GONZALO TOMÁS | 2007            | Club Laguna SOS       |                    |     |
| 2 | TORRES TOMICO, ADRIÁN         | 2009            | Club Laguna SOS       | 00:55:61           | 25M |
| 3 | LINARES HERRERO, JORGE        | 2010            | C.D.B. Vallecas S.O.S | 00:52:75           | 25M |
| 4 | CABALLERO GALA, DANIEL        | 2009            | C.D.B. Vallecas S.O.S | 00:55:60           | 25M |
| 5 | LÓPEZ LÓPEZ, EMILIO           | 2008            | Club Laguna SOS       | 00:55:65           | 25M |
| 6 | AIT SAAYED ROUBAH, RAYAN      | 2010            | Club Laguna SOS       |                    |     |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | MERINO RODRIGUEZ, ALVARO      | 2009            | C.D.E. SOS Madrid Este    | 00:51:60           | 25M |
| 2 | MEJIAS ESCOBAR, MIGUEL ANGEL  | 2011            | C.D.B. Vallecas S.O.S     | 00:48:52           | 25M |
| 3 | PULIDO MILLÁN, LUCAS          | 2009            | C.D.E Pacífico Salvamento | 00:46:37           | 25M |
| 4 | CAÑETE GONZALEZ, ERIK         | 2010            | C.D.B. Vallecas S.O.S     | 00:47:70           | 25M |
| 5 | PORTILLA BARTOLOME, ADRIAN    | 2010            | C.D.B. Vallecas S.O.S     | 00:51:26           | 25E |
| 6 | NUÑEZ VILLACIS, ADRIAN RAFAEL | 2008            | C.D.B. Vallecas S.O.S     | 00:52:44           | 25M |

**Serie: 5**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | SERRANO RODRIGUEZ, LUCAS      | 2010            | C.D.B. Vallecas S.O.S     | 00:44:28           | 25M |
| 2 | NIKOLOV GEORGIEV, KALIN       | 2007            | Club Laguna SOS           | 00:43:41           | 25M |
| 3 | MENACHO MARTIN, RAÚL          | 2008            | C.D.B. Vallecas S.O.S     | 00:44:04           | 50E |
| 4 | MARTÍN CARRERA, DANIEL        | 2009            | Club Laguna SOS           | 00:42:45           | 25M |
| 5 | SANCHEZ MÉNDEZ, ALEJANDRO     | 2008            | C.D.E. Nautilus S.O.S     | 00:43:53           | 25M |
| 6 | VILLAGRÁN MUÑOZ, ISMAEL       | 2009            | C.D.E Pacífico Salvamento | 00:45:14           | 25M |

**Serie: 6**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | IZQUIERDO MINGUILLÁN, ÁLVARO  | 2008            | C.D.B. Vallecas S.O.S     | 00:42:12           | 50E |
| 2 | MÉNDEZ BODAS, IÑIGO           | 2010            | C.D.E Pacífico Salvamento | 00:39:29           | 25E |
| 3 | DEL POZO FERNANDES, IGNACIO   | 2008            | C.D.B. Vallecas S.O.S     | 00:38:12           | 25M |
| 4 | GARCIA CASTRO, DANIEL         | 2008            | C.D.B. Vallecas S.O.S     | 00:38:99           | 25M |
| 5 | CUAIRÁN GARAY, IÑAKI          | 2009            | C.D.E Pacífico Salvamento | 00:40:27           | 25M |
| 6 | GÓMEZ GAMO, NICOLÁS           | 2007            | Club Laguna SOS           | 00:40:79           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**Serie: 7**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | PÉREZ DAVALILLO, DIEGO        | 2008            | C.D.B. Vallecas S.O.S     | 00:38:78           | 50E |
| 2 | NAVARRETE VIGO, GUILLERMO     | 2009            | Club Laguna SOS           | 00:36:58           | 50E |
| 3 | GALLARDO GÓMEZ, MIGUEL        | 2007            | C.D.B. Vallecas S.O.S     | 00:34:99           | 50E |
| 4 | LÓPEZ PÉREZ, MARTÍN           | 2008            | Club Laguna SOS           | 00:35:97           | 50E |
| 5 | SANANDRÉS ARELLANO, MARIO     | 2010            | C.D.B. Vallecas S.O.S     | 00:36:92           | 25E |
| 6 | MURCIA CONDE, JORGE           | 2009            | C.D.E Pacifico Salvamento | 00:37:62           | 25M |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. remolque de maniquí con aletas juv jun F**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b>   | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|---------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | PARDO ALULIMA, ARANTXA CRISTINA | 2008            | C.D.B. Vallecas S.O.S     |                    |     |
| 2 | MATE GARCÍA, CLAUDIA            | 2010            | C.D.E Pacífico Salvamento |                    |     |
| 3 | GONZALEZ URRUTIA, CELIA         | 2009            | C.D.B. Vallecas S.O.S     | 01:30:64           | 25M |
| 4 | SHEPHARD FERNANDEZ, ANDREA JEAN | 2010            | C.D.B. Vallecas S.O.S     | 01:32:18           | 25E |
| 5 | RAMOS BORRAS, PAULA             | 2009            | C.D.B. Vallecas S.O.S     |                    |     |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | BAJO HERNÁNDEZ, LAURA         | 2010            | C.D.E. SOS Madrid Este    | 01:28:25           | 25M |
| 2 | RODRIGUEZ EZQUERRA, OIHANE    | 2008            | C.D.B. Vallecas S.O.S     | 01:26:68           | 25M |
| 3 | ROA LOPEZ, IRENE              | 2009            | C.D.B. Vallecas S.O.S     | 01:20:86           | 25M |
| 4 | MARTINEZ DE FRUTOS, IRENE     | 2009            | C.D.B. Vallecas S.O.S     | 01:22:78           | 25M |
| 5 | ALVAREZ MARTINEZ, MARIA       | 2010            | Club Natación Guadalajara | 01:27:30           | 25M |
| 6 | CAÑETE GONZALEZ, NEREA        | 2007            | C.D.B. Vallecas S.O.S     | 01:29:59           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b>        | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|--------------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GÓMEZ LOZANO, DANIELA                | 2011            | C.D.B. Vallecas S.O.S     | 01:19:19           | 25M |
| 2 | CONTRERAS ORELLANA, LUCIA DEL CARMEN | 2011            | C.D.B. Vallecas S.O.S     | 01:17:25           | 25M |
| 3 | BERMEJO PARILLA, AMAYA               | 2010            | Club Natación Guadalajara | 01:16:19           | 25M |
| 4 | PALAO LORENTE, NATALIA               | 2007            | C.D.B. Vallecas S.O.S     | 01:16:20           | 25M |
| 5 | LAZARO TELLO, PAULA                  | 2009            | C.D.B. Vallecas S.O.S     | 01:18:71           | 25M |
| 6 | GARCÍA RODRÍGUEZ, MARTA              | 2007            | C.D.B. Vallecas S.O.S     | 01:20:17           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | GAMEZ LASO, EVA               | 2011            | Club Laguna SOS           | 01:16:01           | 25M |
| 2 | CALDERON BIOSCA, ALBA         | 2011            | C.D.B. Vallecas S.O.S     | 01:13:20           | 25E |
| 3 | GONZÁLEZ GARCÍA, LUCÍA        | 2007            | C.D.E Pacífico Salvamento | 01:12:43           | 25M |
| 4 | CHAVEZ CELIS, CRISTINA        | 2011            | C.D.B. Vallecas S.O.S     | 01:12:48           | 25M |
| 5 | MARTÍN MORCILLO, CARLA        | 2008            | Club Laguna SOS           | 01:13:24           | 25M |
| 6 | GONZÁLEZ RODRÍGUEZ, CAROLINA  | 2009            | C.D.E Pacífico Salvamento | 01:16:05           | 25M |

**Serie: 5**

|   | <b>Socorrista / Lifeguard</b>      | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|------------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | ZAPATA DE LA IGLESIA, LUNA         | 2011            | C.D.B. Vallecas S.O.S     | 01:09:96           | 25E |
| 2 | CARPINTERO MORENO, RUTH            | 2008            | C.D.E Pacífico Salvamento | 01:04:94           | 25M |
| 3 | GONZALEZ CANTARERO, MARIA          | 2007            | C.D.B. Vallecas S.O.S     | 01:02:59           | 50E |
| 4 | GONZALEZ CANTARERO, CARLA          | 2007            | C.D.B. Vallecas S.O.S     | 01:03:99           | 50E |
| 5 | MARTIN DEL CAMPO SENOVILLA, JIMENA | 2008            | C.D.B. Vallecas S.O.S     | 01:09:78           | 50E |
| 6 | SANCHEZ MARTINEZ, CLAUDIA          | 2010            | Club Natación Guadalajara | 01:10:02           | 25E |

**Listas de Salida**  
**1ª sesion 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**100 m. remolque de maniquí con aletas juv jun M**

**Serie: 1**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |  |
|---|-------------------------------|-----------------|---------------------------|--------------------|--|
| 1 | FERRER CASTILLO, DIEGO        | 2009            | C.D.E Pacifico Salvamento |                    |  |
| 2 | MORENO CASTAÑO, PEDRO         | 2009            | C.D.B. Vallecas S.O.S     |                    |  |
| 3 | DUESO BATANERO, MANUEL        | 2008            | C.D.B. Vallecas S.O.S     |                    |  |
| 4 | GUADIX PÉREZ, IGNACIO         | 2010            | C.D.B. Vallecas S.O.S     |                    |  |
| 5 | GARCÍA GONZALEZ, BELTRÁN      | 2008            | C.D.E. Nautilus S.O.S     |                    |  |
| 6 | ROJO PAZ, ÁLVARO              | 2010            | C.D.E Pacifico Salvamento |                    |  |

**Serie: 2**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | MAURA BARTOLOMÉ, MARCOS       | 2010            | Club Laguna SOS       | 01:45:25           | 25M |
| 2 | LINARES HERRERO, JORGE        | 2010            | C.D.B. Vallecas S.O.S | 01:34:43           | 25M |
| 3 | MEJIAS ESCOBAR, MIGUEL ANGEL  | 2011            | C.D.B. Vallecas S.O.S | 01:33:00           | 25M |
| 4 | CABALLERO GALA, DANIEL        | 2009            | C.D.B. Vallecas S.O.S | 01:34:05           | 25M |
| 5 | TORRES TOMICO, ADRIÁN         | 2009            | Club Laguna SOS       | 01:37:44           | 25M |
| 6 | ORODEA MUÑOZ, ABEL            | 2009            | C.D.B. Vallecas S.O.S | 02:02:38           | 25M |

**Serie: 3**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | MERINO RODRÍGUEZ, ÁLVARO      | 2009            | C.D.E. SOS Madrid Este    | 01:22:81           | 25M |
| 2 | LÓPEZ LÓPEZ, EMILIO           | 2008            | Club Laguna SOS           | 01:21:25           | 25M |
| 3 | VILLAGRÁN MUÑOZ, ISMAEL       | 2009            | C.D.E Pacifico Salvamento | 01:18:97           | 25M |
| 4 | NUÑEZ VILLACIS, ADRIAN RAFAEL | 2008            | C.D.B. Vallecas S.O.S     | 01:21:24           | 25M |
| 5 | CAÑETE GONZALEZ, ERIK         | 2010            | C.D.B. Vallecas S.O.S     | 01:21:42           | 25M |
| 6 | PORTILLA BARTOLOME, ADRIAN    | 2010            | C.D.B. Vallecas S.O.S     | 01:27:71           | 25M |

**Serie: 4**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>        | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|---------------------------|--------------------|-----|
| 1 | MENACHO MARTIN, RAÚL          | 2008            | C.D.B. Vallecas S.O.S     | 01:17:80           | 25M |
| 2 | MARTÍN CARRERA, DANIEL        | 2009            | Club Laguna SOS           | 01:15:82           | 25M |
| 3 | GÓMEZ GAMO, NICOLÁS           | 2007            | Club Laguna SOS           | 01:14:41           | 25M |
| 4 | SERRANO RODRIGUEZ, LUCAS      | 2010            | C.D.B. Vallecas S.O.S     | 01:14:97           | 25M |
| 5 | PULIDO MILLÁN, LUCAS          | 2009            | C.D.E Pacifico Salvamento | 01:16:73           | 25M |
| 6 | MARTIN MORCILLO, ALVARO       | 2010            | Club Laguna SOS           | 01:18:72           | 25M |

**Serie: 5**

|   | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>    | <b>Tiempo/Time</b> |     |
|---|-------------------------------|-----------------|-----------------------|--------------------|-----|
| 1 | SANCHEZ MÉNDEZ, ALEJANDRO     | 2008            | C.D.E. Nautilus S.O.S | 01:07:51           | 50E |
| 2 | IZQUIERDO MINGUILLÁN, ÁLVARO  | 2008            | C.D.B. Vallecas S.O.S | 01:05:51           | 25M |
| 3 | NAVARRETE VIGO, GUILLERMO     | 2009            | Club Laguna SOS       | 01:00:96           | 50E |
| 4 | DEL POZO FERNANDES, IGNACIO   | 2008            | C.D.B. Vallecas S.O.S | 01:03:22           | 25M |
| 5 | LÓPEZ PÉREZ, MARTÍN           | 2008            | Club Laguna SOS       | 01:06:24           | 25M |
| 6 | GABRIEL NIETO, LUCAS          | 2009            | C.D.B. Vallecas S.O.S | 01:09:65           | 25M |

**Listas de Salida**  
**1ª sesión 1ª jornada Fase Territorial XXV Liga española**

**MADRID**  
**09 noviembre 2024 (Piscina/Pool: 25 M)**

**4x50 m. relevo socorrista mixto juv jun**

**Serie: 1**

|          | <b>Socorrista / Lifeguard</b> | <b>Año/Year</b> | <b>Club / Team</b>                      | <b>Tiempo/Time</b> |     |
|----------|-------------------------------|-----------------|---|--------------------|-----|
| <b>2</b> |                               |                 | C.D.E Pacífico Salvamento (juvenil - X) | 02:12:68           | 25M |
| <b>3</b> |                               |                 | C.D.B. Vallecas S.O.S (júnior - X)      | 02:09:72           | 50E |
| <b>4</b> |                               |                 | Club Laguna SOS (júnior - X)            | 02:10:65           | 50E |
| <b>5</b> |                               |                 | C.D.B. Vallecas S.O.S (juvenil - X)     |                    |     |